

Key principles of good practice identified in national models

1. Assessment and Planning:

- Preparation for adulthood from earliest years and no later than by Year 9, when aged 13 or 14.
- Plan early particularly for out of area placements and children with specific needs e.g. physical health needs including potential continuing healthcare conditions

2. Co-production and participation:

- Involve young people and carers in service design, delivery and evaluation related to transition
- Strength based personalised support planning, building independence

3. Strategic vision across children and adult services:

- Joint protocols, joint mission statement or vision for transition
- Joint commissioning arrangements
- Clear and consistent pathways e.g. for people with autism and without a learning disability and mental health diagnosis

4. Integrated services/clear leadership and accountability:

- A named worker in YP services and support from the named worker in adult services
- Integrated systems (to avoid barriers to movement between different parts of the care pathways)
- Agree responsibility for funding in advance of transition to avoid gaps in services and ensure young people and their families have equipment, services, respite or other requirements during transition

5. Training and development of staff:

- Address development needs of the transition workforce/team
- Transition process should involve the wide range of professionals involved in transition with expertise in the area

Resources for national models of good transition

<https://www.nice.org.uk/guidance/qs140>

<https://www.nice.org.uk/sharedlearning/learning-disability-transition-pathway-competency-framework>

<https://www.nice.org.uk/guidance/ng43/evidence/full-guideline-pdf-2360240173>

<https://local.gov.uk/improving-transition-children-adult-mental-health-services>

<https://www.scie.org.uk/children/transition>

<https://www.mencap.org.uk/advice-and-support/children-and-young-people/transition-adult-services>

<https://www.preparingforadulthood.org.uk/downloads>

<https://councilfordisabledchildren.org.uk/help-resources/resources/commissioning-transition-adult-services-young-people-special-educational-needs-and-disability-send>

Challenging Behaviour

<https://www.nice.org.uk/guidance/ng11/chapter/Recommendations#organising-effective-care>