

# STOMP and STAMP

## Pledge

Stopping The **Over-Medication** of children and young People with a learning disability, autism or both (**STOMP**) and **Supporting Treatment and Appropriate Medication** in Paediatrics (**STAMP**)

We pledge to make sure children and young people with a learning disability, autism or both are able to access appropriate medication (in line with NICE guidance), but are not prescribed inappropriate psychotropic medication. Regular and timely reviews should be undertaken so that the effectiveness of the medication is evident and balanced against potential side effects. This will mean that children and young people are only getting ***the right medication, at the right time, for the right reason.***

We, the undersigned, pledge to work together with children and young people with a learning disability, autism or both, and their parents, carers and families, to take measurable steps to ensure that children and young people only receive medication that effectively improves their lives.

We pledge to set out the actions that our individual organisations will take towards this shared aim and report regularly on the progress we have made, ensuring that we can be held to account.

Signed .....

On behalf of .....