

Mr. B



Mr. B: Who am I?

I have definite interests – swimming, trampolining, walking, music, puzzles.....

I am autistic and this poses some specific issues for me but these are known

I communicate in my own way and good people work with it

I make relationships

My Path:

I went **away** to school at 12 years old.

At 19, I came back to live with my family and a day centre. That wasn't for me. Someone from an outreach service did loads with me for 4 years – lots of activities. I really liked one of the staff.

At 23, life at home was hard and I went to hospital in Colchester. I was sectioned. I liked some of the staff. I've been in hospitals ever since. I am now 30 years old.

The hospital I am in now has been poor quality and it is closing. I came here in April 2015 for a 6 week assessment.

I have had three Care & Treatment Reviews....but I'm still here. I am not under section



Working

- ✓ Strong local ties
- ✓ People with some skill to support me
- ✓ Things to support them to support me
- ✓ Transforming Care pressure
- ✓ Money to support me

Not Working

- ☹️ I've been in hospital for so long people are not seeing my skills and my potential
- ☹️ People weren't prioritising what I need and want and this was delaying me leaving hospital
- ☹️ People think heavy staffing is the answer. It's not
- ☹️ Relying on my support provider for housing has really reduced my options



Inner North East London Transforming Care Partnership