



Delivering Personal Health Budgets for people with Dementia in Hertfordshire

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Personal Health Budgets

Hertfordshire has a population of over 1.2 million people and comprises of one County Council and two CCGs; Herts Valleys and East & North Herts CCG

Personal Health Budgets (PHB) are one way that people can take control of the care and support needed to meet their health and wellbeing outcomes.

From October 2014, people receiving NHS Continuing Healthcare and Continuing Care for children have had the “right to have” a Personal Health Budget. The 2015/16 NHSE planning guidance stipulated that “CCGs are to lead a major expansion in 2015/16”

It is not new money or additional money, the allocation of funding is based upon needs and clinical care plans.

It empowers family and carers to remain in their own home with their chosen support however, Personal Health Budgets are optional and are not for everyone.



Personal Health Budgets

What can PHBs be spent on?

NHS England guidelines state “[a PHB] can be spent on any care or services that are set out in the care and support plan that has been put together with the NHS team or voluntary organisation working with the person – and be agreed by the CCG”

Typically people use their PHBs for:

Employing Personal Assistants

Agency staff – carer, nurse, live-in

Respite

Equipment

Some therapies and day opportunities

NHS England stipulates PHBs cannot be used to pay for:

- Alcohol, tobacco, gambling or debt repayment, or anything that is illegal
- Emergency Care services e.g. A&E, x-rays
- Primary Care services e.g. GP, Dentist



Managing a Personal Health Budget

- Notional Personal Health Budget
- Direct Payment
- Third Party Management

- Individual Service Funds

- Personal Health Budget – NHS funded
- Personal Budget – Social Care funded

- Integrated Personal Budget – Health and Social Care (and Education)



Personal Health Budgets in Hertfordshire

High level strategic commitment and published 'Local Offer'

www.hertsvalleysccg.nhs.uk/your-health-and-services/personal-health-budgets

www.enhertsccg.nhs.uk/personal-health-budgets-continuing-healthcare

143 in place at Quarter 3 2016/17

- Adults eligible for Continuing Healthcare
- Children eligible for Continuing Care
- Children with Education, Health and Care Plans
- Transforming Care cohort
- Personal Wheelchair Budgets



Case examples

Mrs A

- Vascular Dementia
- Personal Health Budget used to individually commission a care agency
- Family chose agency and have flexibility around when the care is delivered
- Traditional respite did not work for Mrs A as she found it distressing, PHB used to fund live-in care at home

Mrs B

- Pick's Disease
- Commissioned care services frequently broke down due to Mrs B's behaviour
- Daughter is the employer of a stable staff team who have gotten to know Mrs B, triggers for her behaviour and strategies for management. Daughter arranges
- Reduced crisis hospital admissions
- Family feel more able to cope with



Integrated Personal Commissioning

Integrated Personal Commissioning (IPC) is an NHS England led initiative to joining up health, social care and other services at the level of the individual. IPC supports the improvement, integration and personalisation of services, building on learning from personal budgets in social care and driving bold expansion plans for personal health budgets.

There is an expectation that Integrated Personal Commissioning will be the main model of care for around 5% of Hertfordshire's population in the next five years.

Key to delivery is work with VCSE organisations and market development to ensure people can actually purchase services with their budgets.

Hertfordshire joined this programme as an Early Adopter in December 2017 joining the existing nine sites.

The first cohort will be older people with multiple long term conditions.



Commissioning for Personal Health Budgets

Personal Wheelchair Budget Pilot (PWB)

- Work with existing service to offer more holistic, integrated assessment
- Offer of PWB within Service Specification
- Personalisation questions within ITT
- Contract monitor to ensure continual progress

Releasing funds from existing contracts

- Support from NHS England under IPC programme
- Risk of destabilising contracts
- Provider led approach to review existing contracts to develop flexible approaches to releasing funding for PHBs.
- Involving people with lived experience to understand individual and local priorities, which are reflected in the commissioning and contracting of individual services.



What are the benefits?

What are the benefits of Personal Health Budgets for people with Dementia?

- Choice and Control for care at home for person or their representative
- Flexibility to deliver services differently, designed around an individuals outcomes
- Improvements in well-being due to familiar and consistent care
- Environmental stability
- Improved experience for family and informal carers

Questions?

