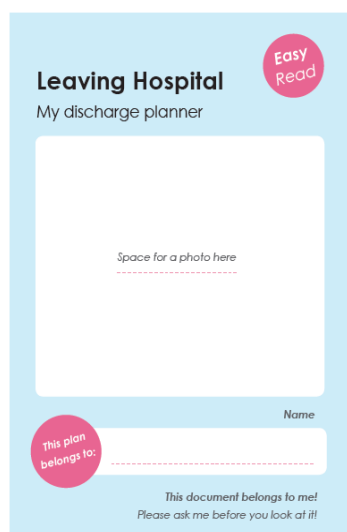


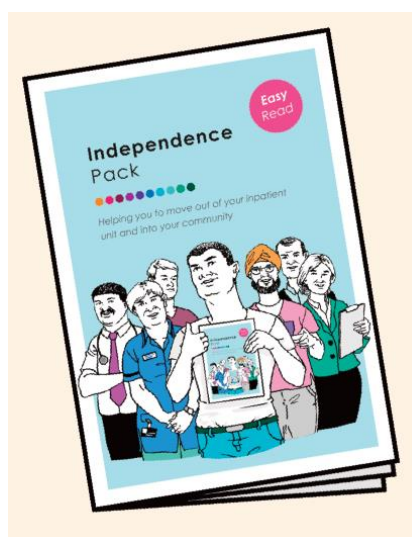
# New pack to help people with plans for leaving hospital

For people with learning disabilities and/or autism who are in hospital because of a mental health problem or behaviour which challenges



People in learning disability and mental health hospitals have a right to be involved in planning for when they leave hospital. People need to know who is doing what by when, how discharge planning is going, and to make sure their voices and choices are heard.

A learning disability organisation called CHANGE has produced free easy read planners and information which local commissioners are sending to patients in learning disability and mental health hospitals.



The **Leaving Hospital Planner** is a handy booklet which allows people to say what matters to them and keep track of plans for leaving hospital.

The **Independence Pack** is a bigger pack (on a memory stick) which gives patients step-by-step help with planning, understanding their rights and getting ready for leaving hospital.

Booklets and memory sticks have now been sent to local commissioning teams and will be offered to people in hospital when they have a Care and Treatment Review (CTR).

Or ask your care co-ordinator for a copy. You can also download the planner and Independence Pack from the Change website [www.changepeople.org](http://www.changepeople.org)

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