



Using the I-statements to give people with dementia a voice

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What we are trying to do:

- Gather information from people with dementia who use services to find out how well those services are meeting their needs.
- This information can then be used by:
 - Service providers – to inform decisions on how to support individuals and how to improve the service
 - Commissioners and funders – to help inform if the service is providing value

Dementia I-Statements

National Dementia Declaration engaged with people with dementia and carers to develop the outcomes most important to people with dementia – the Dementia I-Statements

- I have personal choice and control or influence over decisions about me.
- I know that services are designed around me and my needs
- I have support that helps me live my life.
- I have the knowledge and know-how to get what I need.
- I live in an enabling and supportive environment where I feel valued and understood
- I have a sense of belonging and of being a valued part of family, community and civic life.
- I know there is research going on which delivers a better life for me now and hope for the future.

What we know about engaging with people with dementia



- Keep it simple
- Keep it short
- Adapt methods to the abilities of the person with dementia
- Work with people in an environment that people are familiar with
- Don't overwhelm people with too much information
- Give people enough time
- Don't rely solely on written information

Approach/Methodology

Develop set of questions based on I- statements

Test these questions on people with dementia in a range of settings/services

Send feedback to organisation

Discussion with staff regarding usefulness of outputs

Final report highlighting settings this approach can be used in a final set of questions

Form – for community groups



Feedback on our service

We would like you to tell us how you feel when you attend the [name of group]. There is no right or wrong answer and you don't need to give your name.

When at the group I:

	Yes	Sometimes	No	Comment
Have choice and control over decisions about me and what I do as part of the group				
Know that activities are designed to meet my needs				
Have support to help me live my life				
Have knowledge and support to get what I need				
Feel the group is supportive, values me and understands me				
Feel a sense of community				
Have been told about research opportunities related to dementia				

Name (optional).....

Findings so far from group setting

Yes/Sometimes/No
scale works well

Space for
comments is
useful

Not much room for
measuring progress

Dementia research
question not well
understood

Time efficient
approach

Revised form



Feedback on our service

We would like you to tell us how you feel when you attend the [name of group]. There is no right or wrong answer and you don't need to give your name.

	Yes	Sometimes	No	Comment
Do you choose what you do when at the group?				
Do you think that activities are designed for you ?				
Does the group help you?				
Do you know what to do to get what you need?				
Does the group support and understand you?				
Do you feel a sense of community ?				

Name (optional).....

Next Steps



Discussion

- What would make this useful to commissioners?