Promoting high quality services, person-centred support and positive outcomes for people with learning disabilities and autism

A one day workshop for commissioners facilitated by the Tizard Centre (University of Kent).

Date:
28th September 2015 10am-4.30pm

Venue:
Rooms 2 & 3 London Councils
59 ½ Southwark Street
London SE1 0AL

Booking: Please book your place via: jackie.collins@londoncouncils.org.uk

Please note that places will initially be restricted to one place per local authority and CCG to enable maximum participation. All papers from the training will be circulated to the learning disabilities commissioners network and will also be on the LSCP website.

Focus of the workshop

This workshop will provide Commissioners with an overview of both current good practice and research related to the quality of services for people with learning disabilities and autism. It will focus in particular on person-centred support such as active support (including supporting communication), the SPELL framework for autism friendly practices and Positive Behaviour Support. We will illustrate what these approaches should look like when well implemented, as well as summarise the research related to their effectiveness and implementation. One of the reasons for wanted to provide this workshop was the finding from recent research that only one third of people with severe and profound disabilities receive consistently good support from staff (i.e. support that enables and empowers them) but that where they do, they experience better quality of life outcomes without having a more expensive care package. We will share more findings from this research by Beadle-Brown and colleagues on the costs and outcomes of skilled support for people with severe or profound disabilities with complex needs (physical disabilities, challenging behaviour or autism) as well as findings from recent work by McGill and colleagues around the outcomes for people with challenging behaviour when you train staff in positive behaviour support and active support.
Finally, we will consider what is needed for the successful implementation of these approaches and the important role commissioners have in developing and maintaining the quality of services for people with learning disability and autism. We will provide information on tools and resources that may help Commissioners in their role. If you are interested in finding out more about the sort of approaches we will talk about, you can watch some videos of people receiving good person-centred support on the Promoting Person-centred support YouTube channel [https://www.youtube.com/channel/UCeeTvLnOkjRjSM6715orqdg](https://www.youtube.com/channel/UCeeTvLnOkjRjSM6715orqdg).

The workshop will combine presentations, videos, small group discussion and large group discussion. We would also be very interested to know about some of the challenges facing commissioners and what might help alleviate those challenges.

**Proposed outline of the day (10.00 – 16.30)**

10.00 – 12.15 Session 1 (Julie Beadle-Brown)
- Defining Positive outcomes for people learning disability and/or autism
- Active Support as a means to supporting positive outcomes
- An introduction to autism friendly practices

Lunch

13.00 – 14.30 Session 2
- Positive Behaviour Support - what should you see if PBS is well implemented (Peter McGill)
- Working with providers to ensure high quality services – from a providers perspective (Bob Tindall)

Break

14.45 – 15.45 Session 3
- Positive Behaviour Support Competency Framework (Peter McGill)
- Ensuring success and Monitoring quality – training, practice leadership and the power of observation (Julie Beadle-Brown)

15.45 – 16.30
- Discussion and question time.

The day will be facilitated by Dr Julie Beadle-Brown. Julie Beadle-Brown is Reader in Intellectual and Developmental Disabilities at the Tizard Centre, University of Kent, UK and Professor in Disability Studies, Living with Disability Research Centre, La Trobe University, Australia.
psychologist by training, with almost 25 years of experience working as a teacher, researcher and consultant in the field of intellectual and developmental disabilities, Julie focuses primarily on helping services enable and empower people they support to grow in independence, experience real choice and control and become valued members of their community. The author of a range of resources around person-centred support, Julie has worked with organisations around the world to implement and research this topic.

Professor Peter McGill, Director of the Tizard Centre, and Bob Tindall, Director, Fettle Consultancy Ltd and Tizard Associate, will also contribute to the day.